## NYS FBLA COMMUNITY OUTREACH & ENGAGEMENT COMMITTEE



Members must create a two-minute podcast that describes how animals can improve mental health.

Submissions will be graded according to the attached rubric in categories of creativity, production, script, and presentation.

DUE DATE: FEBRUARY 15, 2024 11:59 PM



Participating members will receive a ribbon at the State Leadership Conference.







## Community Outreach & Engagement Committee Peaceful Podcast

Goal: Increase membership knowledge about the benefits of animals in maintaining one's mental health.

Individual members will create a two-minute podcast that describes how animals can improve your mental health. Connect this with the state charity, K9s for Warriors. Some ideas include:

- How do animals decrease stress levels?
- How can animals encourage social connection?
- How do animals provide a sense of purpose?
- How do animals help reduce anxiety disorders and depression?

Participating members will receive a ribbon at the State Leadership Conference.

The deadline for submission is 11:59 PM on February 15, 2024. The submission is required to be completed via the online form; paper forms will not be accepted. Please note that incomplete submissions will not be accepted.

The following information will be required: Member Name, Member Email, Chapter, Chapter Adviser Name, Chapter Adviser Email, link to private YouTube video.